



# Program Management: SRAE Alignment

Presenters: Valerie Huber and Mary Anne Mosack

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ADMINISTRATION FOR  
**CHILDREN & FAMILIES**

**FYSB** Family & Youth  
Services Bureau

**Adolescent Pregnancy  
Prevention Program**

# Objectives

- Examine the background and legislative intent of Sexual Risk Avoidance Education in the context of an Optimal Health Model
- Recognize the importance of ensuring program fidelity and grant compliance through organizational alignment with the goals and objectives of SRAE and proper training of program staff and facilitators on the purpose, components, and required topics (A-F) to be taught in SRAE

# The Background and Legislative Intent of SRAE

**FIRST** – It began with a discussion about youth and their health and future thriving.



# The Background and Legislative Intent of SRAE

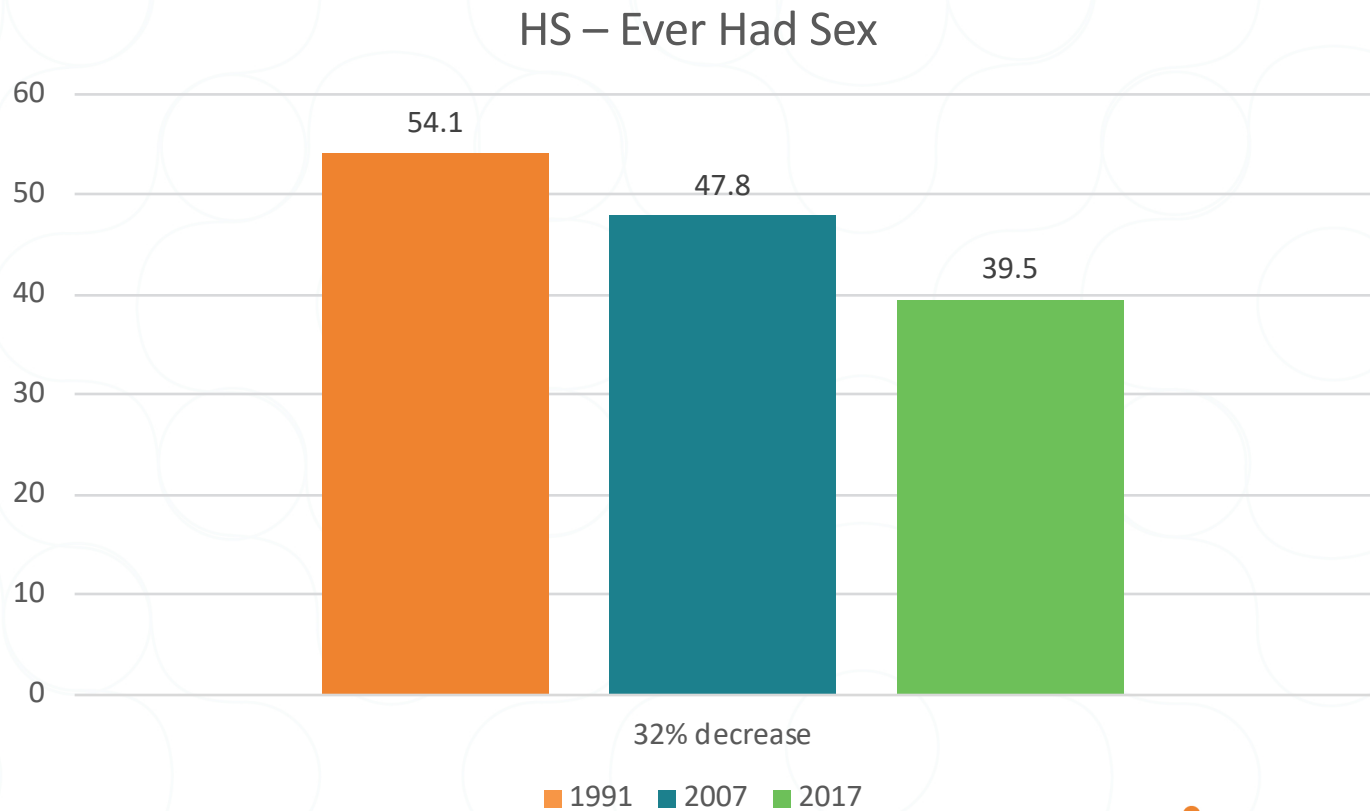
**SECOND** — It continued with a look at trends for youth sexual risk and behavior.





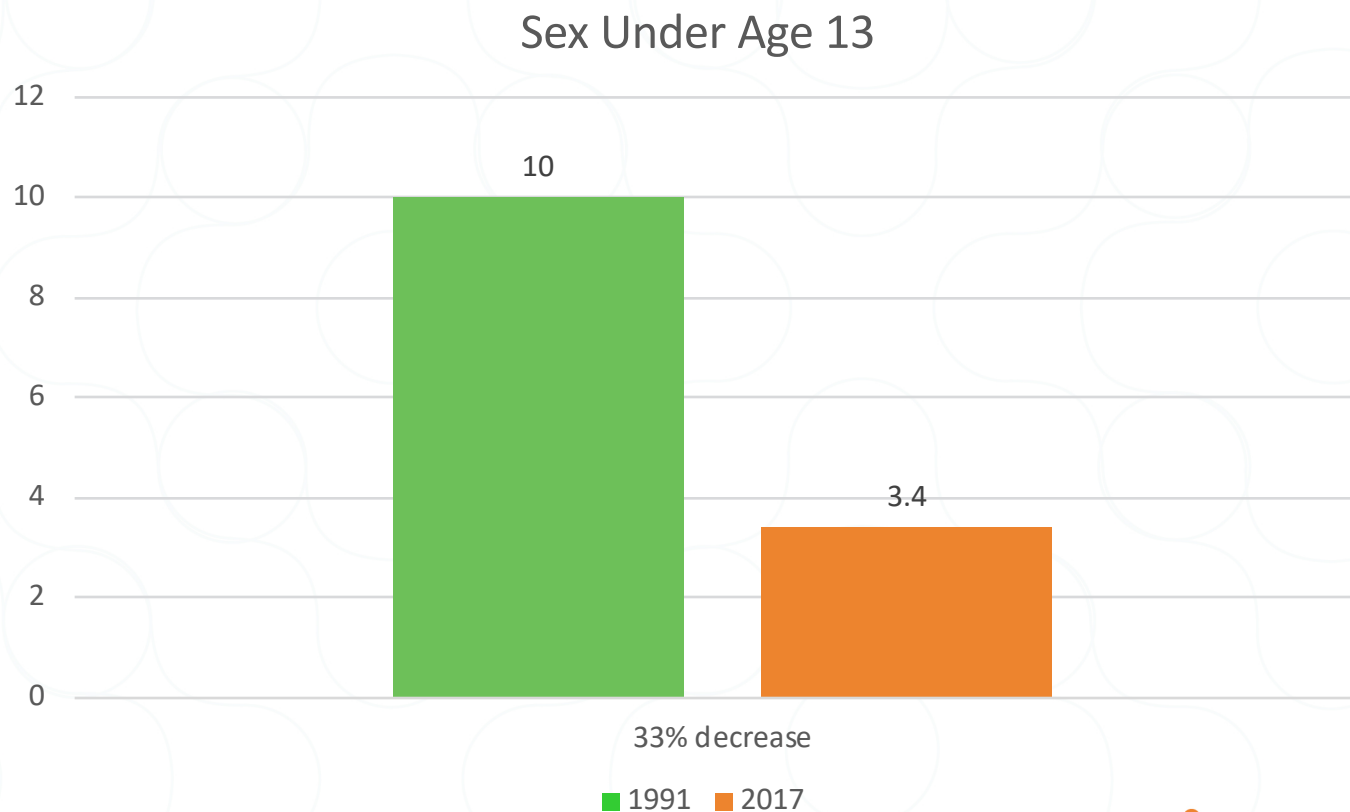
# The Background and Legislative Intent of SRAE

## TRENDS



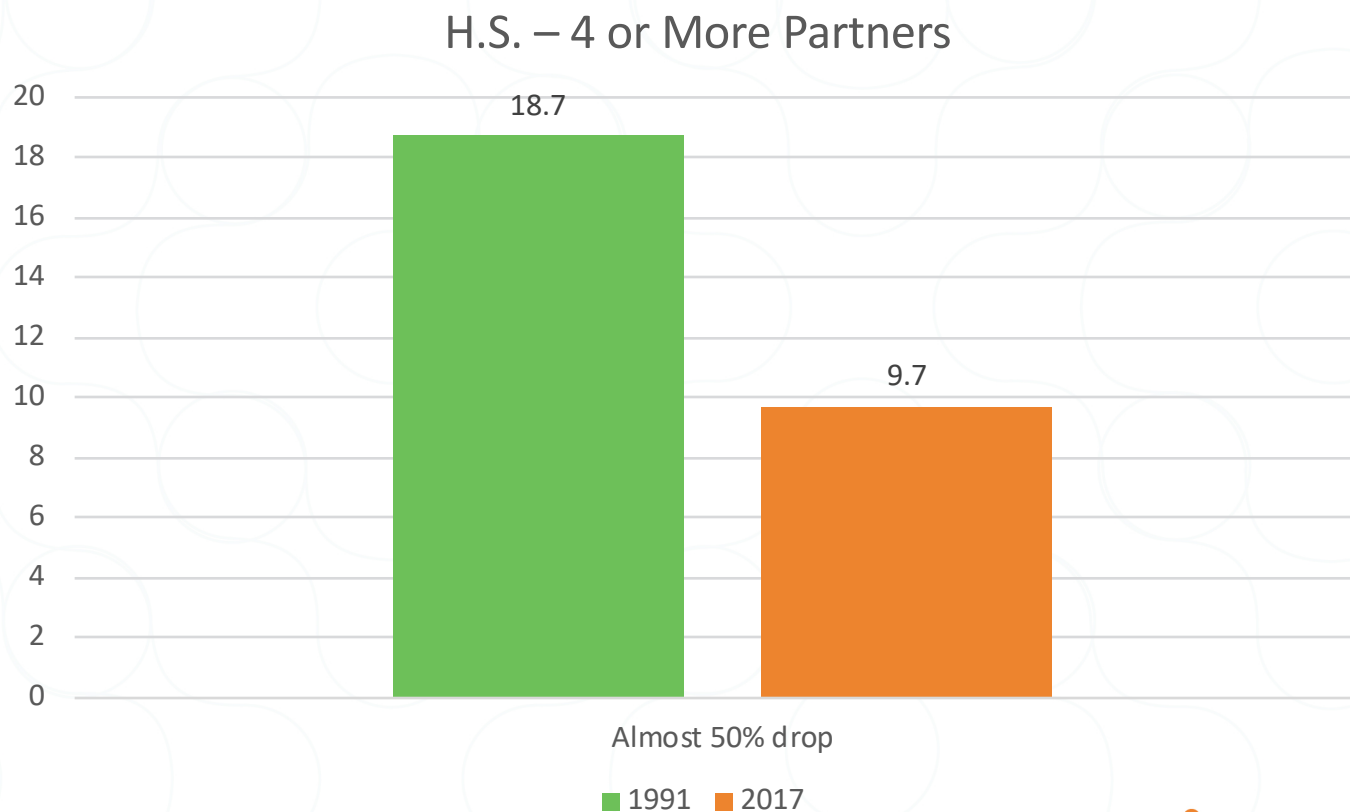
# The Background and Legislative Intent of SRAE

## TRENDS



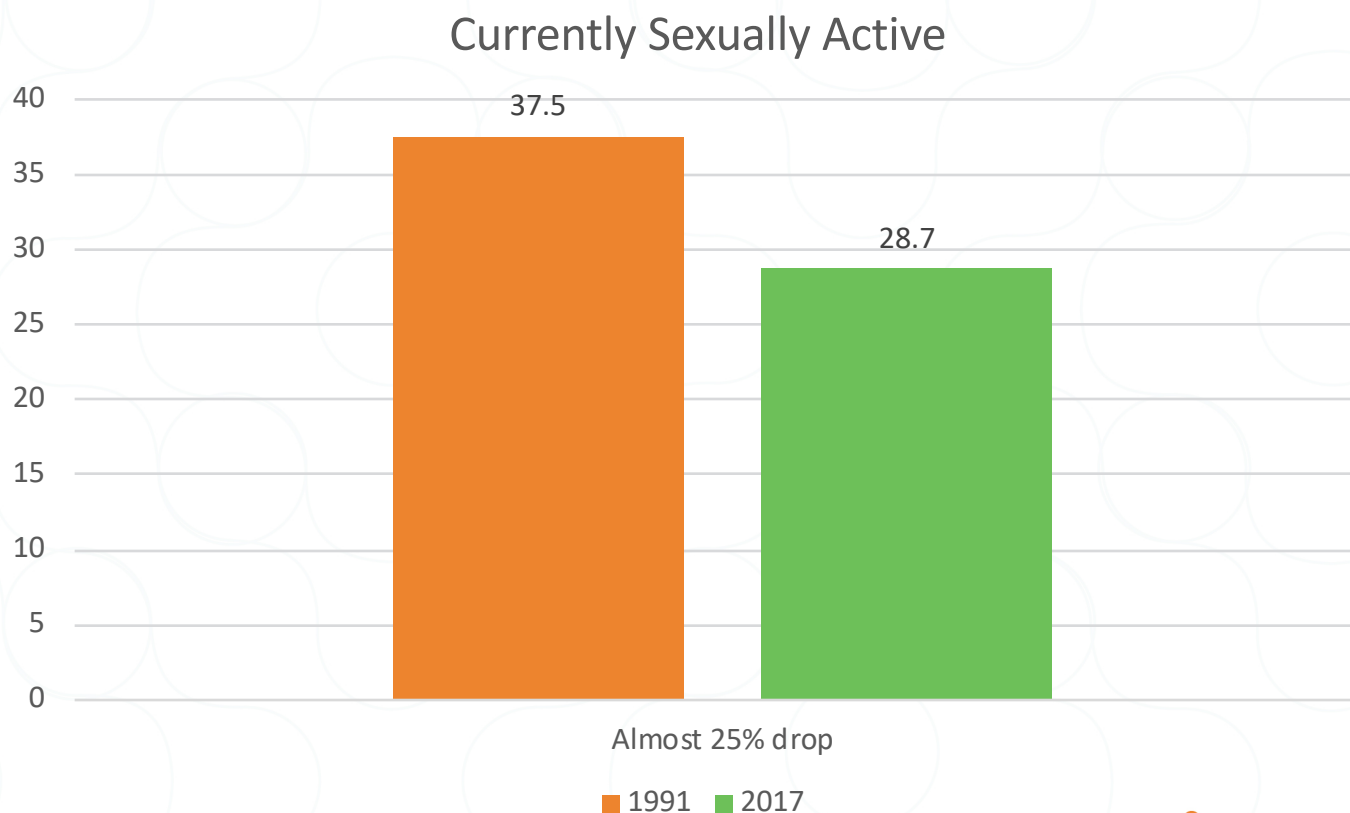
# The Background and Legislative Intent of SRAE

## TRENDS



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## TRENDS





# The Background and Legislative Intent of SRAE

**NEXT** – The deliberation continued with a discussion about how this public policy should reflect public health priorities.



# Understanding An Optimal Health Approach

*“Optimal health is a dynamic **balance of physical, emotional, social, spiritual, and intellectual health**...Lifestyle change can be facilitated through a combination of learning experiences that **enhance awareness, increase motivation, and build skills** and, most important, through the **creation of opportunities** that open access to environments that **make positive health practices the easiest choice.**” – M. P. Donnell*

**OPTIMAL HEALTH MODEL**



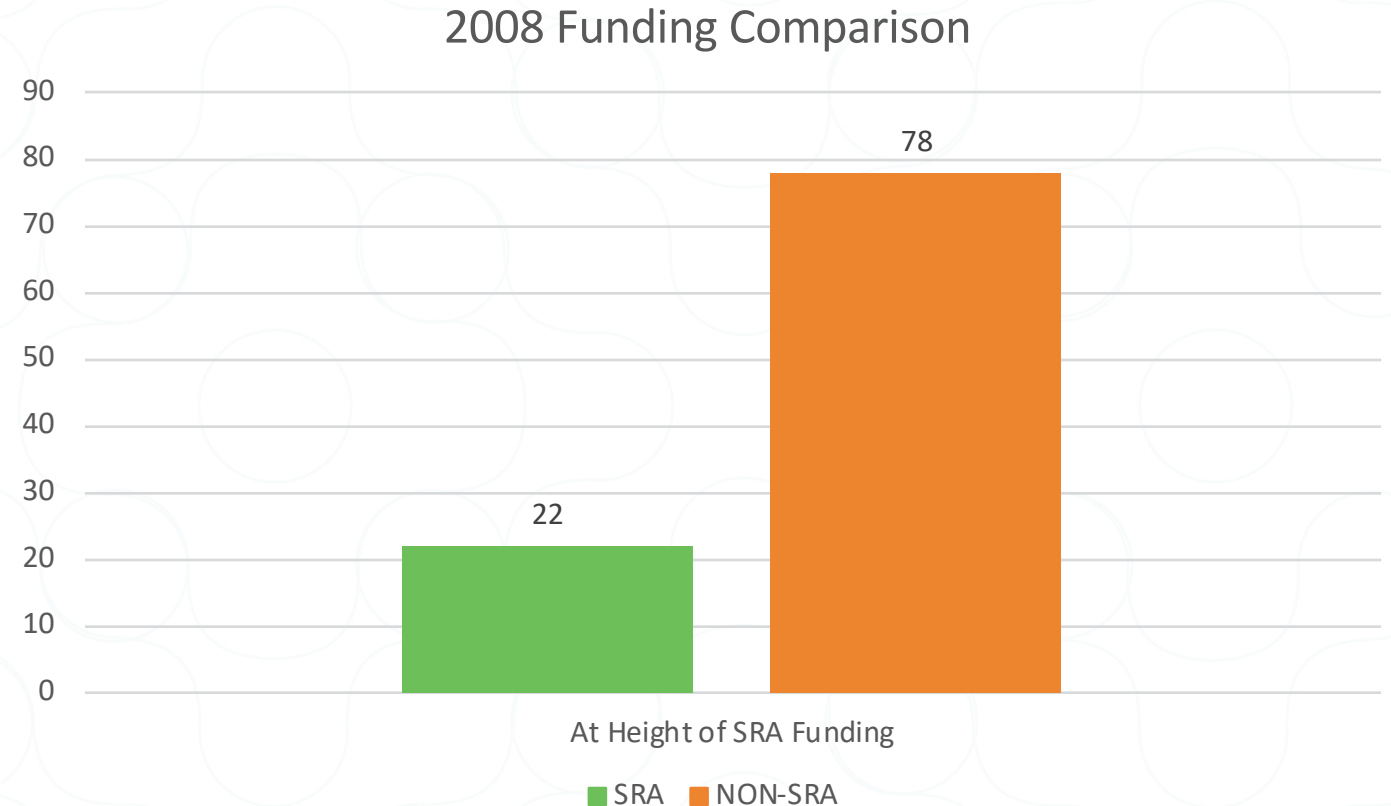
# The Background and Legislative Intent of SRAE

**THEN** – The **funding comparison** between sex education approaches was consulted.



# The Background and Legislative Intent of SRAE

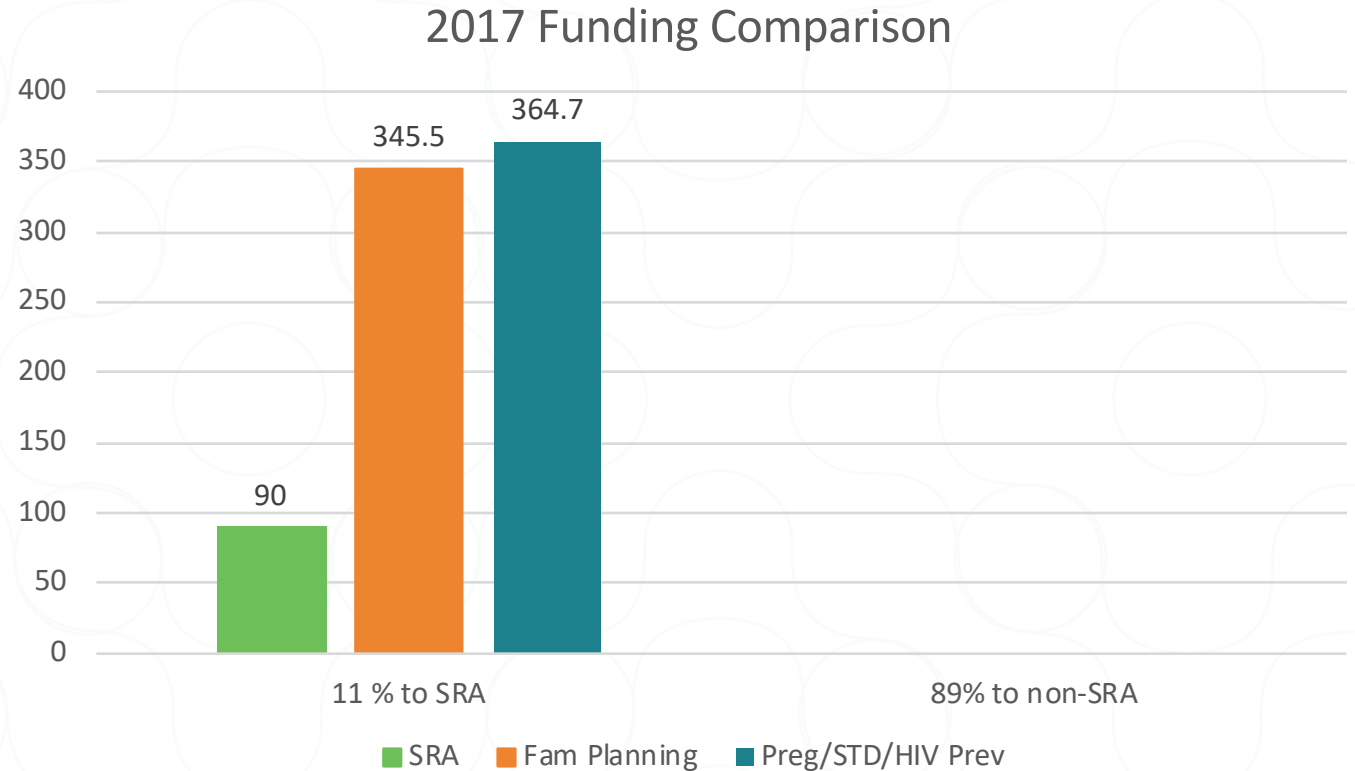
The **funding comparison** between sex education approaches was consulted using 2008 HHS formulas.





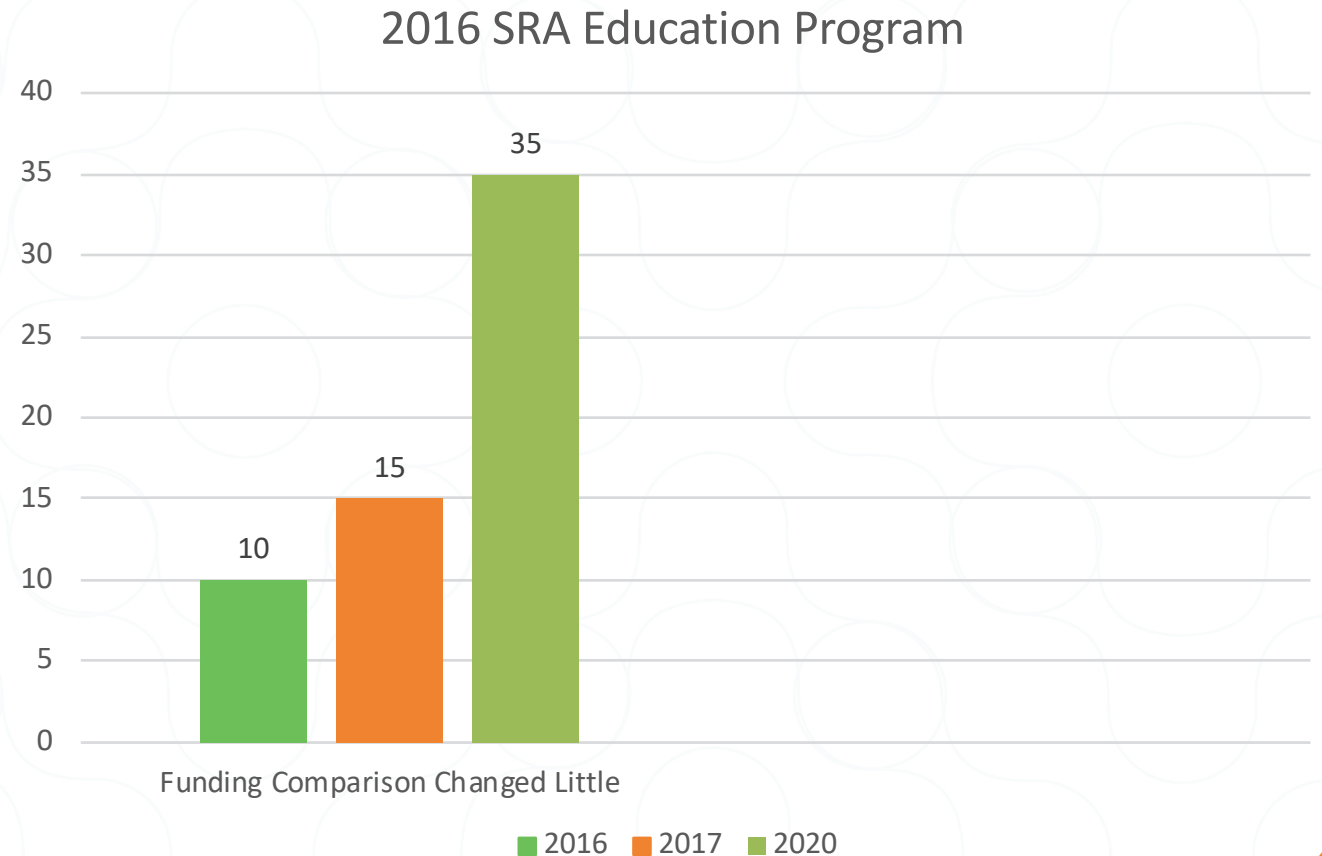
# The Background and Legislative Intent of SRAE

**FYI** – The **funding comparison** information was updated in a 2020 report.



# The Background and Legislative Intent of SRAE

**ASIDE** – The **funding comparison** information has changed little even with SRAE discretionary funding incremental increases.



# Legislative Intent Behind SRA Educational Approach

**Deliberate, Research-based Decision-making Committed to  
Promote the Well-Being of Youth**

Broadly

1. Priority on Youth Thriving – holistic, healthy habits, skills for life
2. Science and Health over Ideology
3. Parity in Funding Between Approaches

# Understanding Legislative Guidance

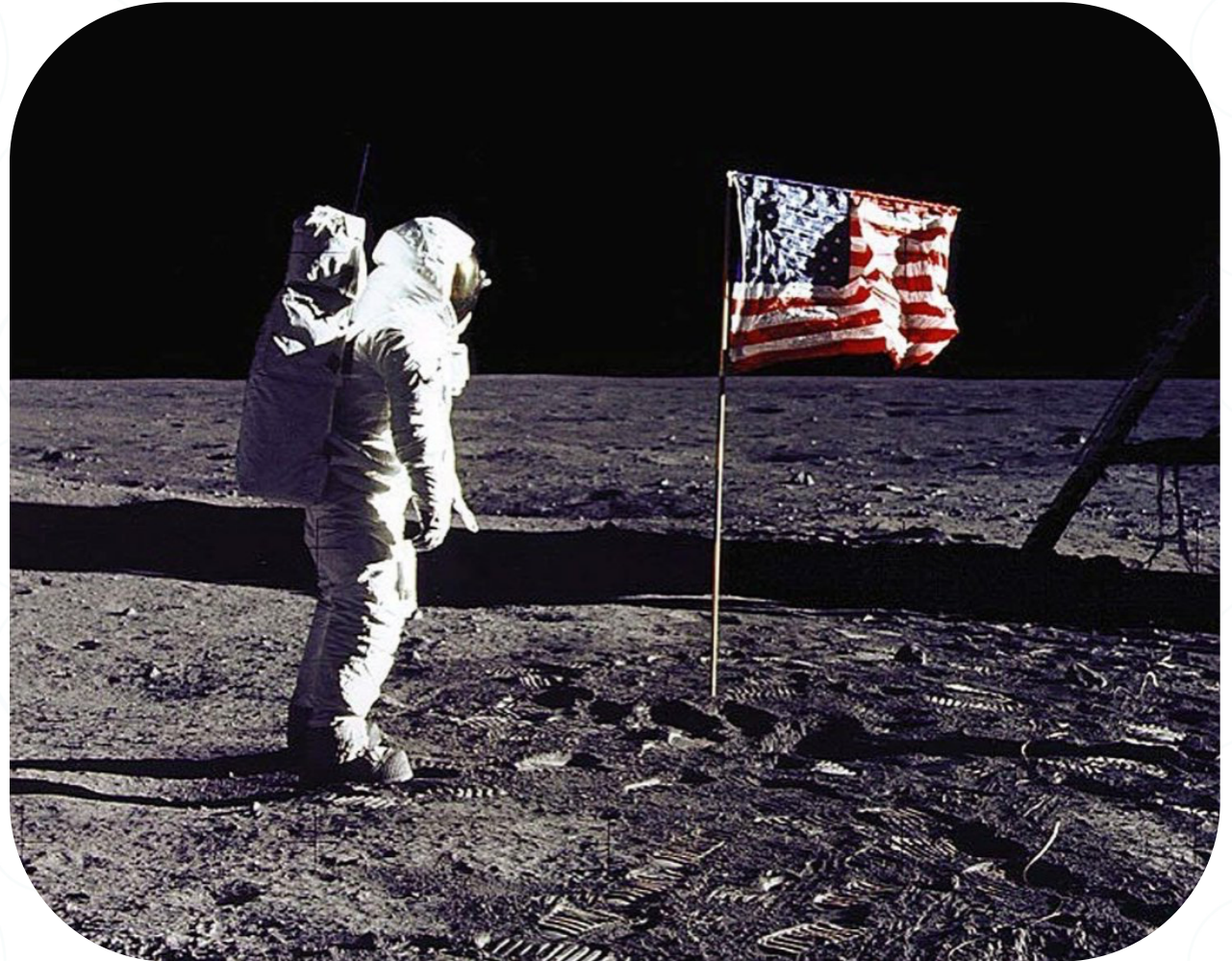
Sex is always about more than sex.



# ***First Things:*** **The Importance of Mission Alignment**

*“That’s one small step for  
man, one giant step for  
mankind.”*

Neil Armstrong



[https://www.nasa.gov/mission\\_pages/apollo/missions/index.html](https://www.nasa.gov/mission_pages/apollo/missions/index.html)

# Ensuring High Quality, Accurate SRAE Implementation

**Program Fidelity** and **Grant Compliance** begin with a clear understanding of the goals and objectives of SRAE as defined in the legislation that guides SRAE content and funding.

*The SRAE Facilitator is the organization's frontline delivery system for the program fidelity and grant compliance.*

## Legislative Criteria for SRAE:

“Congress amended Section 510 of the Social Security Act (42 U.S.C. 710) in FY 2018 to enable territories or other entities to implement education **exclusively** on sexual risk avoidance.”





# Required SRAE Components

“(A) ensure that the **unambiguous** and **primary emphasis and context** for each topic described in paragraph (3) is a message to youth that normalizes the optimal health behavior of avoiding nonmarital sexual activity;

(B) be medically accurate and complete;

(C) be age-appropriate;

(D) be based on adolescent learning and developmental theories for the age group receiving the education; and

(E) be culturally appropriate, recognizing the experiences of youth from diverse communities, backgrounds, and experiences.”



# SRAE Required Topics: A-F

Topics are designed to address areas of adolescent development that will empower youth with personal agency and thriving to successfully move toward adulthood.



# Required SRAE Topics

- A. The holistic individual and societal benefits associated with personal responsibility, self-regulation, goal setting, healthy decision-making, and a focus on the future
- B. The advantage of refraining from non-marital sexual activity to improve the future prospects and physical and emotional health of youth
- C. The increased likelihood of avoiding poverty when youth attain self-sufficiency and emotional maturity before engaging in sexual activity

## Required SRAE Topics (continued)

- D. The foundational components of healthy relationships and their affect on the formation of healthy marriages and safe and stable families
- E. How other youth risk behaviors, such as drug and alcohol usage, increase the risk for teen sex
- F. How to resist and avoid, and receive help regarding, sexual coercion and dating violence, recognizing that even with consent teen sex remains a youth risk behavior

# Required Contraception Guidelines

Education on sexual risk avoidance pursuant to an allotment under this section shall ensure that

“(A) any information provided on contraception is medically accurate and complete and ensures that students understand that contraception offers physical risk reduction, but not risk elimination; and

“(B) the education does not include demonstrations, simulations, or distribution of contraceptive devices.”





**QUESTIONS?**

# Presenter Contact Information

Valerie Huber

[Valerie.Huber@hhs.gov](mailto:Valerie.Huber@hhs.gov)

Mary Anne Mosack

[info@weascend.org](mailto:info@weascend.org)



PRESENTED BY



# SRAETTA

Sexual Risk Avoidance Education  
Training and Technical Assistance



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